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Form 4 Mock 441/ 3 HOME SCIENCE Past Paper

441/ 3

HOME SCIENCE

FOOD AND NUTRITION

(PRACTICAL)

PAPER 3

JULY / AUGUST 2010

1 $\frac{3}{4}$ HOURS

BUTERE DISTRICT JOINT EVALUATION TEST – 2010

Kenya Certificate of Secondary Education (K.C.S.E)

441/ 3

HOME SCIENCE

FOOD AND NUTRITION

(PRACTICAL)

PAPER 3

JULY / AUGUST 2010

1 $\frac{3}{4}$ HOURS

PLANNING SESSION: 30 MINUTES

PRACTICAL SESSION: 1 $\frac{1}{4}$ HOURS

INSTRUCTIONS TO CANDIDATES

1. Read the test carefully.
2. Write your name and index number on every sheet of paper used.
3. Textbooks and recipes may be used during planning session as reference materials.
4. You will be expected to keep your order of work during the practical session
5. You are only allowed to take only your reference materials at the end of the planning session
6. You aren't allowed to bring additional notes to the practical session

This paper consists of 2 printed pages. Candidates should check the question paper to ensure that all pages are printed as indicated and no questions are missing

THE TEST

Your sister who is recovering from a goitre operation has just come from hospital. prepare a midday meal for her and yourself and include a refreshing drink.

INGREDIENTS

- Liver/ fish
- Tomatoes
- Onions
- Salt
- Fruits in season
- Sugar
- Irish potatoes/ green bananas
- Fats/ oil
- Green leafy vegetables

PLANNING SESSION: 30 MINUTES

Use separate sheets of paper for each task listed below and carbon paper to make duplicate copies.

Then proceed as follows:

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of foodstuffs and equipment you will require.