



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2012/2013

FOURTH YEAR FIRST SEMESTER EXAMINATIONS FOR THE DEGREE OF BACHELOR OF ARTS IN SOCIOLOGY WITH INFORMATION TECHNOLOGY (CITY CAMPUS - EVENING)

ASO 404: COUNSELLING

Date: 19th July, 2013

Time: 5.30 – 7.30 p.m.

INSTRUCTIONS:

- ♦ Answer Question ONE and any other TWO questions.



THIRD YEAR FIRST SEMESTER
KISUMU CITY CAMPUS COLLEGE

ASO 404: COUNSELLING

Answer question ONE and any other TWO questions.

1. Mary is a 14-year old girl and in class 8. She has a boyfriend in the same class called Joe. Mary and Joe had unprotected sex and four weeks later Mary fell ill. Her parents took her to hospital and she was found to be pregnant. Mary's parents were so furious that they sent her away to Joe who is too young to offer any tangible solutions. A relative felt concerned for Mary and brought her for counselling. As the counsellor, discuss how you would handle this case. (23.3 marks)
2. a) Describe the principles of counselling. (12 marks)
b) Discuss the types of counselling. (11.3 marks)
3. Discuss the ego defense mechanisms as expounded by Sigmund Freud. (23.3 marks)
4. "Counselling is a psychodynamic process that requires the therapist to possess the physical, intellectual, social and moral qualities necessary to help the client." Discuss this statement giving relevant examples. (23.3 marks)
5. Describe any **SEVEN** challenges you would encounter as a child counsellor. (23.3 marks)
6. Compare and contrast counselling with social work. (23.3marks)