



**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF  
MASTER OF EDUCATION (GUIDANCE & COUNSELLING) AND  
MASTER OF ARTS (GUIDANCE AND COUNSELLING)**

**EPSC 722: ORGANIZATION AND ADMINISTRATION OF GUIDANCE  
PROGRAMME**

**STREAM: M.ED (G & C), MA (G & C)**

**TIME: 3 HOURS**

**DAY/DATE: FRIDAY 3/12/2010**

**8.30 A.M. – 11.30 A.M.**

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**INSTRUCTIONS:**

Answer question ONE and any other TWO.

Q.1

Carol is the eldest in a family of three girls and a boy. Brilliant and well-behaved, she is in form three at a local secondary school after taking first position in form two in the same school. She has the support of her parents who are proud of her although she is losing interest in mathematics and science. Her friend, Jane, notices the gradual decline in her performance. Carol thinks she has no problem but blames the young mathematics teacher whom she says is boring and does not impress her. Her interest is to become a medical doctor. She is not very bad in the other subjects and admires Sally the first female pilot in the country who is very rich and has built a beautiful house for her parents.

Required:

As the guidance counselor, systematically plan how you would involve:

- (a) Carol's parents in generating motivation in the subjects she has interest in.  
[4 marks]

- (b) The teacher in assisting Carol to develop interest in the subjects.[4 marks]
- (c) Identify cultural values which tend to interfere with the education of women in this case and how to deal with such interferences. [4 marks]
- (d) Identify topics for a parents, teachers, students seminar to address the above. [4 marks]
- (e) In each topic mentioned in (d) above, formulate four objectives for the seminar. [4 marks]
- Q.2 (a) What should realistic and achievable goals reflect in the counselling process? [10 marks]
- (b) Highlight the behavioural changes that should be expected in designing effective change procedures in the counselling process. [10 marks]
- Q.3 Explain the steps involved in establishing and developing a guidance and counselling programme in an institution. [20 marks]
- Q.4 Today's contemporary institutions are experiencing a lot of social, economic, spiritual, political and emotional challenges that call for guidance and counselling.
- (a) Under each of the categories mentioned, state five such challenges. [10 marks]
- (b) Briefly highlight the intervention techniques you would use as a helping professional. [10 marks]
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