

KIAMARIGA TEACHERS TRAINING COLLEGE

DIPLOMA COURSE 2014

GUIDANCE AND COUNSELLING

INSTRUCTIONS; ANSWER ANY FIVE QUESTIONS

1. (a) Define the following terms (10mks)

- Guidance
- Client
- Counseling
- Drug
- Refferal

(b) List down ten ethics and principles of guidance and counseling. (10 mks)

2 (a) Describe five importances of guidance and counseling. (10 mks)

(b) Explain five ways on how a caregiver can manage aggressive behaviour. (10 mks)

3.(a) Briefly explain stages of the counseling session. (12 mks)

(b) Explain at least four different categories of commonly used drugs. (8 mks)

4. Discuss any ten techniques that would be suitable to counsel children in ECDE centres (20 mks)

5. Imagine you are an administrator of an ECDE centre and you would like to hire a counselor for the institution. What would you look for?. (20 mks)

6. Discuss the role of teachers and parents in helping children with emotional developmental challenges (20 mks)