

MOI UNIVERSITY
UNIVERSITY EXAMINATIONS 2016/2017 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER EXAMINATIONS
FOR THE DEGREE OF BACHELOR OF SCIENCE IN COUNSELLING
PSYCHOLOGY
COURSE CODE: SPC 326
COURSE TITLE: TRAUMA AND PSYCHOLOGICAL DEBRIEFING
TIME: 3 HOURS

INSTRUCTION TO CANDIDATES: Answer any four questions. All questions carry equal marks

1. How can you use the Trauma Focused-Cognitive Behavior Theory (TF-CBT) to deal with the impact of Post Election Violence in Kenya in early 2008?(17½mks)
2. Trauma counselors are mostly faced with ethical dilemmas when dealing with trauma survivors. Briefly discuss any four models that can guide them in making decisions (17½)
3. What is your understanding of vicarious trauma and how can you as a counselor help journalists deal with it? (17½mks)
4. Using relevant examples discuss any four factors that determine the impact of trauma(17½mks)
5. You have been invited to provide Psychological First Aid (PFA) because of a fire outbreak in a school that has led to loss of life. Discuss the process you will use, stating whether you will be alone and the purpose of that PFA in the school (17½mks)
6. How is compassion fatigue different from burnout? As a counselor working in environments characterized by loss discuss how you can deal with both of them (17½mks)
7. Using relevant examples discuss any four effects that a trauma victim is likely to experience and state how such effects can be minimized (17½mks)