



**MASENO UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2013/2014**

**FIRST YEAR FIRST SEMESTER EXAMINATIONS FOR  
THE DEGREE OF MASTER OF ARTS IN COUNSELLING  
PSYCHOLOGY  
(CITY CAMPUS)**

**CPY 801: PERSONALITY THEORIES**

Date: 30<sup>th</sup> July, 2014

Time: 2.30 – 5.30 p.m.

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**INSTRUCTIONS:**

- Answer ANY THREE questions.

(KISUMU CAMPUS)

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MASTER OF ARTS IN COUNSELLING PSYCHOLOGY.

CPY 801: PERSONALITY THEORIES

**INSTRUCTIONS:**

ANSWER ANY THREE QUESTIONS

1. a) Discuss six components of a good scientific theory (12mks)  
b) Describe four fundamental qualities of personality (8mks)
2. a) Discuss how various character traits and disorders could originate from the various psychosexual stages of development (8mks)  
b) Explain how the id, ego and super ego are inter related in adjusted and maladjusted behavior (12mks)
3. a) With reference to the Adlerian theory, explain how the goal of superiority arises from inferiority feelings and leads to an individual lifestyle (12mks)  
b) Describe Gordon Allport's view of a mature adult personality (8mks)
4. a) Describe how the five commonly recognized archetypes may influence behavior (10mks)  
b) Explain five ways a counselor may utilize Carl Jung's theory of personality in therapy (10mks)
5. a) Discuss the various ways used by personality theorists to counter the challenge associated with definition of personality (10mks)  
b) Explain ways in which a counselor may use Bandura's concept of modeling in therapy (10mks)
6. a) Compare Sigmund Freud's and George Kelly's view of human nature (8mks)  
b) Explain the determinants of personality according to Bandura's social cognitive theory (8mks)