



**MASENO UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2013/2014**

**FIRST YEAR FIRST SEMESTER EXAMINATIONS FOR  
THE DEGREE OF MASTER OF ARTS IN COUNSELLING  
PSYCHOLOGY  
(CITY CAMPUS)**

**CPY 811: MARRIAGE AND FAMILY COUNSELLING**

Date: 29<sup>th</sup> July, 2014

Time: 8.30 – 11.30 a.m.

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**INSTRUCTIONS:**

- Answer ANY THREE questions.

CPY 811: MARRIAGE AND FAMILY COUNSELLING

**INSTRUCTIONS:**

ANSWER ANY THREE QUESTIONS

1. a) Describe marriage as a joining of two social networks (6mks)  
b) Describe eight characteristics a healthy functional family (8mks)  
c) Explain the three factors involved in family transactions occurring in family subsystems according to Munichin's structural family therapy (6mks)
  
2. a) Describe the effects of dysfunctional families on children (10mks)  
b) Explain the use of the following techniques in family counseling:
  - i) Sculpting (5mks)
  - ii) Family photos (5mks)
  
3. Discuss five challenges that blended families face and how family therapy may be used to counter these challenges (20mks)
  
4. Explain Bowen Murray's concept of multigenerational issues and how he uses genograms in family therapy (20mks)
  
5. a) Explain five ways in which an individual under stress communicates according to Virginia Stir's Process model (10mks)  
b) Outline ten qualities of a good family and marriage therapist (10mks)
  
6. a) Describe the four stages of family counseling (16mks)  
b) Discuss four common elements in narrative therapy (4mks)