



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

**FIRST YEAR SECOND SEMESTER EXAMINATIONS FOR
THE CERTIFICATE IN SOCIAL WORK
(CITY CAMPUS)**

**ACW 010: COMMUNITY HEALTH AND
NUTRITION**

Date: 18th April, 2012

Time: 2.00 – 4.00 p.m.

ACW 010: COMMUNITY HEALTH AND NUTRITION

KISUMU CITY CAMPUS COLLEGE

YEAR ONE: SECOND SEMESTER (DAY)

Answer any **THREE** Questions.

1. a) State the World Health Organization's definition of health. (4Marks)
- b) Explain any TWO roles of a nutritionist. (4 Marks)
- c) Briefly demonstrate how HIV/AIDS can lead to poverty and how poverty can cause HIV/AIDS. (8 Marks)
- d) Name and explain any THREE diseases of affluence. (7.3Marks)

2. a) What is a non-communicable disease? (3 Marks)
- b) Explain any FOUR causes of diseases of affluence. (10.3 Marks)
- c) State and explain the medical causes of maternal mortality in Kenya. (6 Marks)
- d) Describe the criteria used in most societies to consider an individual ill or sick. (4 Marks)

3. a) Differentiate between a dietician and a nutritionist. (6 marks)
- b) State the THREE energy macronutrients and the TWO macronutrients that do not provide energy. (6 Marks)
- c) Explain the consequences of maternal mortality on families in Kenya. (6 Marks)

4. a) Briefly explain the African perception of health and disease. (10Marks)

- b) Explain any THREE causes of infant mortality in Kenya. (6 Marks)
- c) What are the hindrances of seeking health care in Kenya? (4 Marks)
- d) Explain the importance of immunizing young children. (4 Marks)
5. a) What determines health seeking behaviour in the traditional African society? (6 Marks)
- b) Explain any TWO factors inhibiting Kenya's ability to provide adequate health care to its citizens. (4Marks)
- c) State the major concern of public health. (5Marks)
- d) Explain the causes of diseases of poverty (8.3Marks)
6. a) Explain any THREE factors that have led to the decrease in life expectancy in Kenya. (8Marks)
- b) Briefly explain how the environment can contribute to disease causation. (6 Marks)
- c) Explain the importance of good nutrition to an individual. (9.3Marks)