



MASENO UNIVERSITY
UNIVERSITY EXAMINATIONS 2013/2014

FIRST YEAR SECOND SEMESTER EXAMINATIONS FOR THE
CERTIFICATE IN SOCIAL WORK
(CITY CAMPUS - DAY)

ACW 0019: COMMUNITY HEALTH AND NUTRITION

Date: 24th March, 2014

Time: 9.00 - 11.00 a.m.

INSTRUCTIONS:

- Answer ANY THREE questions.

**ACW 0019: COMMUNITY HEALTH AND NUTRITION
KISUMU CITY CAMPUS COLLEGE (REGULAR)
FIRST YEAR, SECOND SEMESTER**

ANSWER **THREE** QUESTIONS

1. Explain the causes of illness from the African perspective. (23.3 marks)

2. Explain the role of the environment in disease causation in Kenya.

(23.3 marks)

3.a) Define the following terms;

Food (2 marks)

Diet (2 marks)

Nutrition (2 marks)

Malnutrition (2 marks)

b) Explain **FIVE** major causes of malnutrition. (15.3 marks)

4. Explain the effects of nutrition on the health of an individual.

(23.3 marks)

5. a) Explain any **FOUR** traditions that are harmful to nutrition .

(12 marks)

b) Explain any **FOUR** reasons why human beings need food.

(11.3 marks)

6. Identify and explain the units constitute the health care system in Kenya.

(23.3 marks)