



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2012/2013

**SECOND YEAR SECOND SEMESTER EXAMINATIONS
FOR THE DEGREE OF BACHELOR OF ARTS IN
PSYCHOLOGY WITH INFORMATION TECHNOLOGY
(MAIN CAMPUS)**

APY 214: COUNSELLING PROCESS

Date: 16th July, 2013

Time: 2.30 – 4.30 p.m.

APY 214: COUNSELLING PROCESS

Instructions:

Answer Question **ONE** and any other **TWO** questions

QUESTION ONE

- a) Define counseling (5Mks)
- b) Describe the meaning of SOLER in counseling and explain the necessity of its use (10Mks)
- c) Explain the skills of responding and their use in counseling (5Mks)
- d) Explain termination and when is it done? (5MKS)
- e) (i) Describe attending skill in counseling. (2 mks)
(ii) What is physical and psychological ending (3MKS)

QUESTION TWO

- a) Describe active listening .(10Mks)
- b) Describe some techniques that a counselor could use to improve their listening skills.(10Mks)

QUESTION THREE

- a) Describe the role of a counselor in the counseling process(10Mks)
- b) Describe the stages of counseling(10Mks)

QUESTION FOUR

- a) Describe key concepts of psychoanalytic theory (10 Mks)
- b) Explain how you can use this theory in the counseling process(10Mks)

QUESTION FIVE

- (a) Identify ten Counseling skills. (10 mks)
- (b) Explain how counseling skills are used in counseling. Give appropriate examples (10Mks)