



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2012/2013

SECOND YEAR FIRST SEMESTER EXAMINATIONS FOR
THE DIPLOMA IN SPECIAL NEEDS EDUCATION
(CITY CAMPUS)

**EDSE 0111: P.E. AND RECREATIONAL
ACTIVITIES**

Date: 16th July, 2013

Time: 9.00 – 11.00 a.m.



EDSE 0111: P.E and Recreational Activities

INSTRUCTIONS:

Answer All Questions in section I and Two other questions in section II.

Section I: Answer All Questions (40 marks)

- Q1. Explain the following terms:
- (i) Physical fitness
 - (ii) Recreation
 - (iii) Body concept
 - (iv) With-it-ness
 - (v) Loco-motor
- Q2. Give three differences between adapted P.E. and Regular P. E. (10 marks)
- Q3. Explain three implications of the motivational Principle in the teaching of Physical education. (6marks)
- Q4. Out-line five things you must consider when giving instructions in a physical education lesson to learners with special needs. (5 marks)
- Q5. Describe five adaptations you can make on the game of volley-ball to allow for effective participation for learners with physical disabilities. (10 marks)
- Q6. Name three recreational activities in the community for a learner with intellectual challenges. (3marks)

Section II: Answer any TWO questions (30 marks)

- Q7. Describe five Parts of a P.E lesson giving one example of each. (15 marks)
- Q8. Mary in your class has problems of coordination and accuracy. Describe Five adaptations you will make to enable her play the game of net-ball successfully. (15marks)
- Q9. Explain five ways in which you can create a "barrier-free" environment for learners with Visual Impairment. (15marks)