



MASENO UNIVERSITY
UNIVERSITY EXAMINATIONS 2013/2014

**FIRST YEAR SECOND SEMESTER EXAMINATIONS FOR THE
DEGREE OF MASTER OF EDUCATION IN GUIDANCE &
COUNSELING**

(REGULAR/SANDWICH - CITY CAMPUS)

**EPY 815: THEORY AND PRACTICE OF COUNSELING IN
EDUCATION**

Date: 28th November, 2013

Time: 2.00 - 5.00 p.m.

INSTRUCTIONS:

- **Answer ALL Questions in Section B and ANY TWO (2) in Section B.**

- Q1. (a) Discuss the apparent flaws in Sigmund Freud's theory.
- (b) Counseling theories can be used for good or ill intentions. Discuss at least three (3) potential limitations of counseling theories.

(20 Marks)

- Q2. (a) Discuss the principles of Reality Counseling.
- (b) Discuss the application of four (4) main concepts underlying Carl Rogers' Person-Centered Therapy.

(20 Marks)

- Q3. (a) Outline the "control or choice theory" as advanced in Reality Counseling.
- (b) Though primarily an individual approach, Existential Counseling can be conducted beneficially in groups. Discuss.

(20 Marks)

- Q4. (a) Behavioral Counseling starts with a behavioral assessment to specify treatment goals and methods. Discuss.
- (b) Discuss any five (5) punishment procedures used in positive reinforcement.

(20 Marks)

- Q5. (a) Discuss the aim of Psychoanalysis in strengthening the client's ego.
- (b) With an illustration of the Awareness Zone Model, discuss the basic principles of Gestalt psychology.