



THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE

FACULTY OF BUSINESS AND SOCIAL STUDIES

DEPARTMENT OF LIBERAL STUDIES AND COMMUNITY DEVELOPMENT

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING CCDC A09

END OF COURSE EXAMINATION

APRIL/MAY 2010 SERIES

CCD 121 : COMMUNITY ISSUES IN COUNSELLING

TIME: 2 HOURS

Instructions

1. This paper consists of **TWO SECTIONS A & B.**
 - ✓ Answer **ALL** Questions in **SECTION A.**
 - ✓ Answer **TWO** Questions in **SECTION B.**
2. All your answers must be written on the answer booklets provided.
3. Follow the Examination Rules.

SECTION A

:

ANSWER ALL QUESTIONS

1. (a). Define the following terms as used in Community Counselling.
 - (i). Termination
 - (ii). Discordant couples
 - (iii). Addiction
 - (iv). Unconditional Positive Regard. **(8 Marks)**
- (b). Give **TWO** advantages of individual counseling as opposed to group counseling. **(4 Marks)**
- (c). State the value of supervision to a practicing counselor. **(2 Marks)**
- (d). Give **THREE** ways how NGOs and CBOs are supporting people living with Aids. **(6 Marks)**
- (e). Briefly explain any **TWO** elements of a contract that a counselor makes with a client when beginning counseling. **(4 Marks)**
- (f). Outline **THREE** ways to prevent mother to child infection in regard to HIV transmission. **(3 Marks)**
- (g). State **THREE** stages of counseling process. **(3 Marks)**

SECTION B

:

ANSWER ANY TWO QUESTIONS**Question TWO**

- (a). During counseling, a counselor may record the proceedings of the counseling session.
 - (i). Suggest **TWO** ways a counselor can do the recording. **(2 Marks)**
 - (ii). Give **TWO** advantages and **TWO** disadvantages of keeping records of a counseling process. **(8 Marks)**
- (b). In settling a counseling environment, a counselor should provide appropriate physical environment. Give **FIVE** ways by which this can be achieved. **(10 Marks)**

Question THREE

- (a). Giving relevant examples, Explain how the following types of Guidance and Counselling services are carried out:
 - (i). Primary intervention
 - (ii). Developmental Approach **(10 Marks)**
- (b). Briefly explain any **FIVE** qualities of an effective counsellor. **(10 Marks)**

Question FOUR

(a). As a counseling intern, you have decided to work with groups during counseling to meet their counselling needs.

(i). Suggest any **FOUR** issues that may arise when counseling children and when counseling the elderly. **(4 Marks)**

(ii). Give **FOUR** advantages of using group approach over individual counseling. **(8 Marks)**

Question FIVE

(a) Explain **FIVE** reasons persons who need counseling do not seek out counseling services. **(10 Marks)**

(b) Using examples, explain how the following types of drugs affect the body.

(i). Stimulants

(ii). Depressants

(iii). Opiates

(10 Marks)