# **CHUKA**



**UNIVERSITY** 

# UNIVERSITY EXAMINATIONS

## FIRST YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF SCIENCE IN NURSING

### NURS 112: MEDICAL PHYSIOLOGY 1

**STREAMS: NURS** 

#### TIME: 2 HOURS

11.30 A.M. - 1.30 P.M.

## **DAY/DATE: TUESDAY 16/12/2014**

**INSTRUCTIONS:** 

- The examination consists of three section; A, B and C
- Answer all questions in sections A and B
- Answer only one question in section C

## SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

- 1. All of the following are functions of the proteins in the plasma membrane except:
  - (a) Some proteins are enzymes
  - (b) Most proteins are receptors
  - (c) They are involved in the transport functions
  - (d) They have important role in nuclear division
- 2. In adults, extracellular fluid (ECF) differs from intracellular fluid (ICF) in that:
  - (a) The volume of ECF is greater
  - (b) The tonicity of ECF is lower
  - (c) In the ECF, the anions are mainly inorganic (chloride and bicarbonate)
  - (d) In the ECF, the pH is lower

- 3. In the synaptic end bulb, acetylcholine is released from the synaptic vesicles by the process called?
  - (a) Simple diffusion
  - (b) Phagocytosis
  - (c) Endocytosis
  - (d) Exocytosis
- 4. Which of the following types of solutions would cause swelling of the red blood cells (RBCs)?
  - (a) Isotonic
  - (b) Hypertonic
  - (c) Hypotonic
  - (d) Hydrophilic
- 5. Concerning the ribosomes, one of the following statements is not true
  - (a) Ribosomes located in the endoplasmic reticulum synthesize proteins for insertion in the plasma membrane.
  - (b) Structurally ribosomes consist of 2 subunits of equal size
  - (c) Free ribosomes synthesize proteins used in the cytosol
  - (d) Ribosomes located within mitochondria synthesize mitochondrial proteins
- 6. Which of the following characteristics is shared by simple diffusion and facilitated diffusion?
  - (a) Can be blocked by specific inhibitors
  - (b) Do not require adenosine triphosphate (ATP)
  - (c) Require transport protein
  - (d) Transport solute against concentration gradient
- 7. Which of the following is true concerning the ion channels?
  - (a) Ion channels increase the permeability of the membrane to ions
  - (b) An ion channel is a pore that is not open at all times
  - (c) Ion channels exhibit selectivity by allowing only certain ions to flow through the channel.
  - (d) All of the above are properties of all ion channels

- 8. Which of the following will be affected directly if the mitochondria in a cell are not functioning properly?
  - (a) Absorption of alcohol by the cell
  - (b) The movement of water into and out of the cell
  - (c) The movement of oxygen across the cell membrane
  - (d) The movement of sugar from a low to a high concentration
- 9. All the following statements are functions of the smooth endoplasmic reculum except:
  - (a) Fat metabolism
  - (b) Synthesis of cholesterol
  - (c) Synthesis of protein
  - (d) Detoxification
- 10. The following statements are true of interneurons except:
  - (a) They are located entirely within central nervous system
  - (b) About 10% of neurons in the human brain are interneurons
  - (c) Interneurons form complex neuronal pathways
  - (d) Interneurons carry out the integrative function of the nervous system
- 11. At the chemical synapse in the CNS, the release of neurotransmitter is dependent upon which of the following?
  - (a) Opening of ligand-gated calcium channels
  - (b) Influx of calcium into the presynaptic terminal
  - (c) Hyperpolarization of the synaptic terminal
  - (d) Synthesis and release of acetylcholinesterase
- 12. Which of the following substances found in plasma is the major factor that contributes to plasma colloid osmotic pressure?
  - (a) Sodium chloride
  - (b) Glucose
  - (c) Albumin

- (d) Cholesterol
- 13. Which of the following has the fastest rate of movement across the capillary wall?
  - (a) Sodium
  - (b) Oxygen
  - (c) Glucose
  - (d) Albumin
- 14. Which of the following is associated with the first heart sound?
  - (a) Opening of the A-V valves
  - (b) Closing of the A-V valves
  - (c) Closing of the pulmonary valve
  - (d) In-rushing of blood into the ventricles due to atrial contraction
- 15. Which of the following white blood cells are involved in phagocytosis?
  - (a) Neutrophils and monocytes
  - (b) Lymphocytes and eosinophils
  - (c) Basophils and neutrophils
  - (d) Basophils and eosinophils
- 16. Which of the following is not true concerning the red blood cells (RBCs)?
  - (a) Mature RBCs have no nucleus
  - (b) RBCs generate ATP anaerobically
  - (c) Red blood cells live only about 120 days
  - (d) Mature RBCs contain multiple mitochondria
- 17. Which of the following is not a property of graded potentials?
  - (a) They get weaker as they spread from the point of stimulation
  - (b) They are irreversible
  - (c) They can be summed up
  - (d) They can be either excitatory or inhibitory
- 18. The surfactant lining the lung alveoli
  - (a) Increases the compliance of the lungs
  - (b) Reduces the surface tension of the alveoli
  - (c) Prevents the collapse of the alveoli

- (d) All of the above
- 19. Which of the following is part of the respiration process
  - (a) Diffusion
  - (b) Gas transport
  - (c) Tissue gas exchange
  - (d) All of the above
- 20. Sympathetic stimulation of the heart normally causes which of the following conditions?
  - (a) Acetylcholine release at the sympathetic endings
  - (b) Increased force of contraction of the ventricles
  - (c) Decreased heart rate

2.

3.

4. 5. (d) Decreased rate of conduction of the cardiac impulse

## SECTION B: SHORT – ANSWER QUESTIONS (30 MARKS)

- 1. Transport of materials across the plasma membrane is essential for the cellular life:
  - (a) Describe how the following transport processes occur in human cells:

	(i)	Facilitated diffusion	[2 marks]		
	(ii)	Primary active transport	[2 marks]		
	(iii)	Secondary active transport	[2 marks]		
(b)	Explain the factors that influence the diffusion rate of substances across plasma				
	mem	branes.	[4 marks]		
Expla	Explain the forces that determine the movement of fluids across the plasma membrane.				
			[4 marks]		
Expla	ain how	the factors affect the affinity of hemoglobin for oxygen.			
(a)	Temp	perature	[2 marks]		
(b)	Partia	al pressure of CO <sub>2</sub>	[2 marks]		
(c)	pН		[2 marks]		
Desc	Describe the factors that determine the stroke volume.				
Expla	Explain the homeostatic functions of the neuroglia. [4 marks				

# SECTION C: LONG – ANSWER QUESTIONS (20 AMRKS)

1.	(a)	Explain how the external respiration takes place in the lungs.	[4 marks]
	(b)	Discuss the factors that affect pulmonary ventilation.	[16 marks]
2.	(a)	Explain the phases of the cardiac action potential.	[8 marks]
	(b)	Describe the hormonal mechanisms that regulate blood pressure.	[12 marks]