



SOUTH EASTERN KENYA UNIVERSITY

UNIVERSITY EXAMINATIONS 2016/2017

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION

TPS 302: GUIDANCE AND COUNSELLING (MAIN CAMPUS)

DATE: 18TH APRIL, 2017

TIME: 10.30-12.30 P.M

INSTRUCTIONS

This paper has FIVE questions. Answer question ONE, and any other TWO questions.

Question ONE

- (a) Using examples discuss four differences between Guidance and Counselling (8 marks)
- (b) Explain the meaning of the following types of Guidance
- (i) Academic Guidance (2 marks)
 - (ii) Personal Guidance (2 marks)
 - (iii) Vocational Guidance (2 marks)
- (c) Discuss four purposes of Guidance and counselling services in secondary schools in Kenya (4 marks)
- (d) Explain three basic assumption of human nature by Client centered Therapy as stipulated by Carl Rodgers (3 marks)
- (e) By use of examples describe the A – B – C Process of Rational Emotive Therapy (RET) in counselling. (6 marks)
- (f) Identify three basic elements of both Guidance and counselling (3 marks)

Question 2

“Guidance and counselling movement was as a result of social, economic and political factors in the Western world”. In reference to this statement discuss the need for Guidance and Counselling in Kenya today. (20 marks)

Question 3

- (a) Discuss the functions of the school teacher counsellor (12 marks)
- (b) Describe eight qualities that a teacher counsellor should possess (8 marks)

Question 4

- (a) Counselling process goes through four main stages. Discuss the four stages, showing skills needed for the counsellor at each stage. (12 marks)
- (b) Making referrals as a counsellor is an essential. In what circumstances may a counsellor refer a client (8 marks)

Question 5

- (a) Explain four factors that influence career development among youth in Kenya today (8 marks)
- (b) Group counselling has been in use as one of the major approaches to counselling. Discuss the strengths and weaknesses of the approach. (12 marks)