



UNIVERSITY EXAMINATIONS 2012/2013 ACADEMIC YEAR

INSTITUTIONAL BASED PROGRAMME

**4TH YEAR EXAMINATION FOR THE DEGREE OF BACHELOR OF
EDUCATION IN EARLY CHILDHOOD EDUCATION**

COURSE CODE/TITLE: ECE 413: GUIDANCE AND COUNSELLING

END OF SEMESTER:II

DURATION: 3 HOURS

DAY/TIME:MONDAY: 8.00 TO 11.00 A.M.

DATE:19/8/2013 (NL6)

INSTRUCTIONS

Answer question **ONE** and any other **THREE**.

Question One

- a) Differentiate between guidance and education. (4 marks)
- b) Explain four principles of guidance. (4 marks)
- c) Identify four areas within education guidance you can guide the children in school (4 marks)
- d) Outline four conditions under which group counseling can be terminated . (8 marks)
- e) Explain the term child assessment in counseling. (2 marks)
- f) Outline four qualities of a good counselor. (4 marks)

Question Two

Describe stages of counseling process highlighting the importance of each stage.

(15 marks)

Question Three

- a) Differentiate between counseling and psychotherapy. (4 marks)
- b) Explain the importance of the following counseling techniques. (6 marks)
 - i) Counter-transference

- ii) Transference
- iii) Unconditional positive regard
- c) Describe Carl Rogers 'Humanistic approach' in counseling. (5 marks)

Question Four

Outline the history of guidance and counseling in Kenya education system to date. (15 marks)

Question Five

- a) Evaluate the usefulness of guidance and counseling course to your area in early childhood development study in education. (7 marks)
- b) Explain four ethical principles a counselor must uphold in practice . (8 marks)