



**UNIVERSITY EXAMINATIONS 2012/2013 ACADEMIC YEAR**

**INSTITUTIONAL BASED PROGRAMME**

**4<sup>TH</sup> YEAR EXAMINATION FOR THE DEGREE OF BACHELOR OF  
EDUCATION IN EARLY CHILDHOOD EDUCATION**

**COURSE CODE/TITLE: ECE 413: GUIDANCE AND COUNSELLING**

**END OF SEMESTER:II**

**DURATION: 3 HOURS**

**DAY/TIME:MONDAY: 8.00 TO 11.00 A.M.**

**DATE:19/8/2013 (NL6)**

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### **INSTRUCTIONS**

Answer question **ONE** and any other **THREE**.

#### **Question One**

- a) Differentiate between guidance and education. (4 marks)
- b) Explain four principles of guidance. (4 marks)
- c) Identify four areas within education guidance you can guide the children in school (4 marks)
- d) Outline four conditions under which group counseling can be terminated . (8 marks)
- e) Explain the term child assessment in counseling. (2 marks)
- f) Outline four qualities of a good counselor. (4 marks)

#### **Question Two**

Describe stages of counseling process highlighting the importance of each stage. (15 marks)

#### **Question Three**

- a) Differentiate between counseling and psychotherapy. (4 marks)
- b) Explain the importance of the following counseling techniques. (6 marks)
  - i) Counter-transference

- ii) Transference
- iii) Unconditional positive regard
- c) Describe Carl Rogers 'Humanistic approach' in counseling. (5 marks)

**Question Four**

Outline the history of guidance and counseling in Kenya education system to date. (15 marks)

**Question Five**

- a) Evaluate the usefulness of guidance and counseling course to your area in early childhood development study in education. (7 marks)
- b) Explain four ethical principles a counselor must uphold in practice . (8 marks)