



MASENO UNIVERSITY
UNIVERSITY EXAMINATIONS 2013/2014

**THIRD YEAR SECOND SEMESTER EXAMINATIONS FOR THE
DEGREE OF BACHELOR OF ARTS PSYCHOLOGY WITH
INFORMATION TECHNOLOGY**

(MAIN CAMPUS)

APY 308: POST-TRAUMATIC STRESS MANAGEMENT

Date: 14th July 2014

Time: 8.30 – 10.30 am

INSTRUCTIONS:

- Answer questions ONE and any other TWO





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iv. Rape

SECTION B: ANSWER ANY 2

2. a) Describe the symptoms of Post-Traumatic Stress Disorder (10Mks)
b) Explain the purpose of psychological debriefing (5Mks)
c) Identify steps involved in psychological debriefing (5Mks)

3. a) Discuss typical trauma responses and crisis intervention for those who are Struggling with trauma. (10Mks)
b) Explain the five basic principles of crisis intervention (10Mks)
4. Describe the initial clinical evaluation, assessment and aid that is given to trauma victims to prevent blood loss and death after a traumatic experience (20Mks)
5. Describe cognitive –Behavioral therapy as a therapeutic model for trauma Intervention (20Mks)
6. a) Using clear examples define rape (3Mks)
b) Describe the psychological symptoms of rape (10Mks)
b) Describe the three bodily responses to stress according to Hans-Selye (1907-1982) Systemic Stress theory (7Mks)

END