



EMBU UNIVERSITY COLLEGE
(A Constituent College of the University of Nairobi)

2015/2016 ACADEMIC YEAR

SECOND SEMESTER EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE
IN AGRICULTURAL EDUCATION AND EXTENSION

TPS 302: GUIDANCE AND COUNSELLING

DATE: APRIL 14, 2016

TIME: 02:00-04:00

INSTRUCTIONS:

Answer Question ONE and ANY Other TWO Questions.

QUESTION ONE

- a) Differentiate between Guidance and counselling. (5 marks)
- b) Explain five reasons for introducing and strengthening guidance and counselling services in school. (5 marks)
- c) Explain the common characteristics between professional counselling and counselling practiced in African tradition society. (5 marks)
- d) Explain how a counsellor can help a traumatized person to cope with the situation. (5 marks)
- e) Explain how a counsellor can use behaviour counselling techniques to modify the behaviour of the students who fear examination. (5 marks)
- f) Outline five benefits of studying the course of guidance and counselling to a teacher (5 marks)

QUESTION TWO

As beginner in counselling Miriam discovers that she is fascinated about psychoanalytic theory among all theoretical approaches introduced to him in the university and she has decided she will use this particular approach to all clients that will come to him.

- a) Discuss reasons that will make Miriam's counselling approach not to work. Give an illustration in each case. (10 marks)
- b) Explain five reasons that justify the referral of client in counselling process. (10 marks)

QUESTION THREE

- a) Discuss the challenges of each of the following stages of the counselling process, stating clearly how you would handle each of the challenge.
- i) Entry stage (10 marks)
- ii) Termination stage

QUESTION FOUR

- a) Discuss the effect of transference in counselling process. (10 marks)
- b) Describe the role of a counsellor in career development and employment setting. (10 marks)

QUESTION FIVE

- a) Explain how a counsellor would deal with:
- i) A demanding Client (10 marks)
- ii) A suicidal client (10 marks)

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