

EMBU UNIVERSITY COLLEGE

(A Constituent College of the University of Nairobi)

2014/2015 ACADEMIC YEAR

FIRST SEMESTER EXAMINATIONS

THIRD YEAR EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)

TPS 302: GUIDANCE AND COUNSELLING

DATE: DECEMBER 10, 2015

TIME: 8:30-10:30

INSTRUCTIONS:

Answer Question ONE and ANY Other TWO Questions.

QUESTION ONE

Explain the meaning of the following terms

a) Counselling

(5 marks)

b) Psychology

(5 marks)

c) Ego

(5 marks)

d) Id

(5 marks)

e) Super ego

(5 marks)

f) Define psychometric tests

(5 marks)

QUESTION TWO

a) What is personality

(5 marks)

b) Who is a counselor and who is not?

(15 marks)

QUESTION THREE

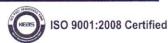
Discuss the aims of counseling with regard to high schools in Kenya. Cite examples

(20 marks)

QUESTION FOUR

Explain any Four therapy techniques

(20 marks)



QUESTION FIVE

a) With examples Explain the meaning of stress in a school situation (5 marks)

b) Analyze causes and ways of coping with stress in high schools

(15 marks)

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