

UNIVERSITY EXAMINATIONS 2013/2014 ACADEMIC YEAR 1ST YEAR EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS

COURSE CODE/TITLE: APS 101: INTRODUCTION TO PSYCHOLOGY

END OF SEMESTER: DURATION:3 HOURS

DAY/TIME:MONDAY:2.00 TO 6.00 P.M. DATE: 16/12/2013

INSTRUCTIONS

Answer question **ONE** and any other **TWO** questions.

Question One

- a) What do psychologists mean by the terms, Behaviour and Mental processes? (6 marks)
- b) What are the four (4) primary goals of psychology? (8 marks)
- c) Explain the following factors in relation to the nature of behavior. (12 marks)
 - i) Behaviour has a bodily basis
 - ii) Behaviour is Dynamic
 - iii) Behaviour varies from person to person
 - iv) Behavior is social

Question Two

- a) How does the study of animal behaviour help psychologists? (10 marks)
- b) Highlight any six (6) areas of research that interest psychologists (12 marks)

Question Three

Clearly highlight the central themes of Neo-Behaviorism and Humanistic psychology as expounded by B.F. Skinner and Abraham Maslow respectively. (22 marks)

Question Four

Using examples explain how the following research methods are used in psychological research. (22 marks)

- i) Naturalistc observations
- ii) Surveys
- iii) Case studies

Question Five

a) What is abnormal behaviour? Give examples. (4 marks)

b) Distinguish between anxiety and anxiety disorder (6 marks)

c) Explain the following anxiety disorders; (12 marks)

- i) Generalised anxiety disorder
- ii) Panic disorder
- iii) Obsessive-Compulsive disorder
- iv) Phobia