



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2012/2013

**FOURTH YEAR FIRST SEMESTER EXAMINATIONS FOR
THE DEGREE OF BACHELOR OF ARTS IN SOCIOLOGY
WITH INFORMATION TECHNOLOGY
(HOMA BAY CAMPUS)**

ASO 404: COUNSELLING

Date: 21st July, 2013

Time: 2.00 – 4.00 p.m.

ASO 404: COUNSELLING
HOMA-BAY TOWN LEARNING CENTRE
4TH YEAR, 1ST SEMESTER

Answer **any THREE** questions

1. The conflict which occurs between a person's wishes and external reality is dealt with by the use of defence mechanisms. Discuss. (23.3 mks)
2. Describe the structural model of personality as contained in the work of Sigmund Freud. (23.3 mks)
3. Discuss the key ethical issues that are central to the theoretical models of counselling. (23.3 mks)
4. Describe the major stages in counselling, clearly illustrating the main features of each stage. (23.3 mks)
5. Counselling as a practice differs significantly from other helping activities, and for this reason, the practice requires certain fundamental skills. Discuss. (23.3 mks)
6. Identify and discuss the main approaches to counselling clearly showing their weaknesses. (23.3 mks)