



RONGO
UNIVERSITY

OFFICE OF THE DEPUTY VICE CHANCELLOR- ACADEMIC AND STUDENT AFFAIRS

UNIVERSITY EXAMINATIONS

2016/2017 ACADEMIC YEAR

SECOND YEAR SECOND SEMESTER SPECIAL / SUPPLEMENTARY
EXAMINATION

FOR

DIPLOMA

IN

SECONDARY EDUCATION

COURSE CODE: DED 202

COURSE TITLE: FOUNDATION OF PHYSICAL EDUCATION AND SPORTS

DATE: 26/5/2017

TIME: 9.00AM-11.30AM

INSTRUCTIONS TO CANDIDATES

- Answer question **ONE** and any other **TWO** questions
- Do not write on the question paper
- Marks are shown at the end of each question
- Show workings in the answer booklet for award of full marks
- Mobile phones are not allowed in the examination venue
- Each question should begin on a fresh page
- Duration is **2.30 hours**

THIS PAPER CONSISTS (2) PRINTED PAGES

PLEASE TURN OVER

2016/2017 ACADEMIC YEAR
SECOND YEAR SECOND SEMESTER
SPECIAL/SUPPLEMENTARY EXAMINATION
DIPLOMA IN SECONDARY EDUCATION
DED 202: FOUNDATION OF PHYSICAL EDUCATION AND SPORTS

INSTRUCTIONS

ANSWER QUESTION ONE AND ANY OTHER TWO
DURATION IS 2 ½ HOURS

QUESTION ONE

- a) Give historical background of net ball game (4mks)
- b) What are the functions of an umpires whistle in net ball? (6mks)
- c) Exploit on the blood policy in net ball (8mks)
- d) State on the rules governing relay races (6mks)
- e) What are the characteristics of alibero player in volley ball (4mks)
- f) When is a goal disallowed in football (1mks)

QUESTION TWO

- a) State the functions of umpire, scorers, time-keepers (12mks)
- b) What is are the physical components of a good high jumper? (4mks)
- c) What are the conditions during center pass (5mks)

QUESTION THREE

- a) Give brief history of athletic (6mks)
- b) Differentiate between sprint events and long distance races (6mks)
- c) State the rules governing relay races (8mks)

QUESTION FOUR

- a) Draw the tug of war field and label the dimensions (4mks)
- b) State the situation leading to no pool in tug of war (6mks)
- c) What are the duties of chief Judge in tug of war (10mks)

QUESTION FIVE

- a) Draw a volley ball pitch, label the dimensions and give the position of the players (6mks)
- b) What are the qualities of a good gymnastics (10mks)
- c) What are the problems facing the teachings of gymnastics (4mks)