

EPE 303 PHYSICAL EDUCATION

FIRST SEMESTER EXAMINATION main exam, 2017/18

Instructions to candidates

Answer Question 1 and any other Two Questions

Write legible handwriting.

1. (a) Trace the history of physical Education. (10 mks)
(b) Describe the importance of physical education in each of the following
 - (i) Health benefits (2 mks)
 - (ii) Physical benefits (2 mks)
 - (iii) Mental benefits (2 mks)
 - (iv) Social benefits (2mks)
 - (v) Economic benefits (2mks)(c) With relevant examples describe the sections of a P.E. scheme of work (10mks)
2. a) Describe the criteria for selecting activities that are to be considered in a P.E curriculum. (10mks)
b) Explain the appropriate guidelines during purchase of Physical Education equipment. (10mks)
3. (a) State the goal, aim and purpose of physical education and how each of these can be achieved. (10mks)
(b) Discuss the following physical objectives . (10mks)
 - (i) Cognitive objective.
 - (ii) Affective objective.
 - (iii) Psychomotor objectives.
- 4 a) Discuss how physical education is related with other subjects in the curriculum. (10mks)
b) Explain reasons why injuries are likely to occur during physical education lessons. (10mks)
5. a) Discuss the various teaching approaches that can be employed by a teacher in Physical Education. (10mks)
b) Describe teacher competences besides professional training. (10mks)