

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EMBU CAMPUS

THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE  
OF BACHELOR OF SCIENCE (COMMUNITY DEVELOPMENT)

CDEV 334: FAMILY THERAPY AND COUNSELLING I

STREAMS: BSC (CDEV)

TIME: 2 HOURS

DAY/DATE: TUESDAY 05/12/2017

11.30 A.M. – 1.30 P.M.

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INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER TWO

- Q1. (a) “Traditional functions of the family are no longer the preserve of modern families”. Explain this statement in reference to the functions of family in contemporary society. [10 marks]
- (b) With the use of examples, explain any 2 strategies applied by families to manage conflicts. [10marks]
- (c) Describe any five (5) goals of family counseling. [10marks]
- Q2. Mr. and Mrs Gitari are a middle aged couple with teenage children. The couple have had a long-standing conflicts in regard to parenting, style, finances and intimacy. Mr. Gitari wants to have a divorce but the wife has approached you to help the family from breaking up. Applying any five (5) family therapy techniques. Explain how you could assist this couple. [20 marks]
- Q3. Recent media reports suggest rising number of suicide incidents among law enforcement officers. Considering the law enforcement officers as a community how would you go about assisting this community to identify risk factors for suicide? [20 marks]
- Q4. Critically evaluate the strategies applied to manage stress in the family. Use examples for your answer. [20 marks]
- Q5. Examine the stages of the family diagnostic interview. Use illustrations for your answer. [20 marks]