**MOUNT KENYA UNIVERSITY**

**UNIVERSITY EXAMINATION 2017/2018**

**SCHOOL OF EDUCATION**

**DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND TECHNOLOGY**

**BACHELOR OF EDUCATION**

**UNIT CODE :BEP2201**

**UNIT TITLE:GUIDANCE AND COUNSELLING IN EDUCATION**

**TIME:2 HOURS**

**INSTRUCTIONS:ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS.**

1.a)Define the following term counseling and clearly state the key components in the definition. (4 marks)

b)Outline six reasons why guidance and counseling is important in our schools today. (6 marks)

c) Briefly discuss the contributions of the following towards development of guidance and counseling : (6 marks)

i) Sigmund Feud

ii)Carl Rogers

d) Give four benefits of effective listening . (4 marks)

e) Explain three classifications of counseling theories . (6 marks)

f) State four roles of the teacher in guidance and counseling . (4 marks)

2.Effective counselors are sensitive about their posture in a helping situation .Discuss this statement in relation to guidance and counseling. (20 marks)

3.a) What are the functions of a school counselor? (10 marks)

b) Describe the stages in a counseling process that you would follow when addressing issues of your client . (10 marks)

4.a)Discuss five characteristics of an effective school counselor . (10 marks)

b)Highlight five areas to address when counseling adolescents in schools. (10 marks)

5.What is a skill in counseling?Discuss in details the counseling skills you would use in counseling students. (20 marks)