

**MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS 2016/2017 ACADEMIC YEAR**

**FIRST YEAR FIRST SEMESTER**

**SCHOOL OF TOURISM AND NATURAL RESOURCE MANAGEMENT**

**BACHELOR OF PARKS, RECREATION AND LEISURE MANAGEMENT (PRLM)**

**COURSE CODE: RLM 1103**

**COURSE TITLE: CONCEPTS OF LEISURE**

**DATE: 2ND FEBRUARY, 2017 TIME: 11:00 AM -1:00 PM**

**INSTRUCTIONS TO CANDIDATES**

Answer **ALL** questions in section **A** and any other **THREE** in section **B.**

**SECTION A:** *ANSWER* **ALL QUESTIONS (25 MARKS)**

1. Define the concept of leisure as:
2. An unobligated time **(2MKS)**
3. An activity **(2MKS)**
4. A state of mind **(2MKS)**
5. Explain the classical views of leisure and how it affects contemporary travel experiences **(4MKS)**
6. Outline the relationship between leisure and social class **(4MKS)**
7. Explain the relationship between Leisure, play and recreation **(4MKS)**
8. Listfourformsof leisure **(4MKS)**
9. Briefly explain the concept of flow of leisure **(3MKS)**

**SECTION B:** *ANSWER* **ANY THREE QUESTIONS (45 MARKS)**

1. a) Explain three classifications of leisure based on Aristotle’s classification of leisure **(3MKS)**

b) Discuss the fourtheories of leisure **(12MKS)**

1. Discuss the role of Nairobi’s Uhuru Park in enhancing leisure and recreation experiences for leisure seekers **(15MKS)**
2. Kenya is known to be a favorable destination in Africa for leisure due to her beautiful sceneries and white beaches. Discuss how leisure can contribute to Kenya’s natural resources and environmental conservation **(15MKS)**

10. Discuss in details how leisure has led to environmental degradation in Kenya **(15MKS)**

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