



**MASENO UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2017/2018**

**FOURTH YEAR FIRST SEMESTER EXAMINATION FOR  
THE DEGREE BACHELOR OF ARTS IN PSYCHOLOGY  
WITH INFORMATION TECHNOLOGY**

**CITY CAMPUS - DAY**

**APY 405: HEALTHY AGING**

Date: 8<sup>th</sup> March, 2018

Time: 9.00 - 12.00pm

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**INSTRUCTIONS:**

- Answer Question ONE and any other TWO.



1. Explain at least three main attributes of successful aging especially in relation to the following factors;
  - a) Physical (10 Marks)
  - b) Psychological (10 Marks)
  - c) Social (10 Marks)
  
2. Discuss the role of communities in promoting healthy aging among the population in Kenya. (20 Marks)
  
3. Compare the aging process among farmers and policemen in a rural community of your choice. (20 Marks)
  
4. Assess at least TWO dimension of healthy community. (20 Marks)
  
5. Critically examine the role of Modernization theory in understanding the process of aging in the 21<sup>st</sup> Centaury Africa. (20 Marks)