



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

2018/2019 ACADEMIC YEAR UNIVERSITY EXAMINATIONS

MAIN REGULAR EXAMINATION

FIRST SEMESTER EXAMINATIONS

**FOR THE DEGREE
OF
BACHELOR OF EDUCATION**

COURSE CODE: PSY 410

COURSE TITLE: GUIDANCE AND COUNSELING

DATE: WEDNESDAY 06/02/2019

TIME: 8-10.00AM

INSTRUCTIONS TO CANDIDATES

Answer question ONE and any TWO (2) questions.

Duration: 3 Hours

MMUST observes ZERO tolerance to examination cheating

Question ONE

- a) With the help of a suitable example, explain how Traditional African Society dealt with counseling needs in the society. (6 marks).
- b) State and explain any FIVE principles of guiding and counseling (10 marks).
- c) Explain the term technique as used in counseling (2 marks)
- d) Citing relevant illustrations, explain the importance of the following in a counseling relationship:
- i) Paraphrasing
 - ii) Summarization
 - iii) Encouraging (12 marks)

Question TWO

- a) Explain the term self disclosure as used in counseling. (2 marks).
- a) With the help of suitable examples, explain how you can effectively employ self disclosure in counseling. (10 marks).
- b) Citing relevant examples, state and discuss any FOUR incidents when self disclosure may negatively affect counseling outcome (8 marks).

Question THREE

- a) State and explain FIVE importance of diagnostic interview in counseling (10 marks).
- b) With the help of relevant illustrations, explain how you can effectively use diagnostic interview technique in counseling (10 marks).

Question FOUR

- a) State and explain any FOUR reasons of establishing peer counseling in schools. (8 marks).
- b) State and describe qualities of an effective peer counselor (12 marks).

Question FIVE

- a) With the help of relevant illustrations, explain why a school teacher should equip himself / herself with classroom management skills. (8 marks).
- b) Citing suitable examples, discuss how a teacher can handle gifted and talented learners in a classroom setting. (12 marks).

END