

MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS**

**2015/2016 ACADEMIC YEAR**

**FOURTH YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION**

**BACHELOR OF EDUCATION**

**COURSE CODE: PSY 410**

**COURSE TITLE:** **PRINCIPLES OF GUIDANCE & COUNSELLING**

**DATE: 13TH MAY 2016 TIME: 8.30 – 10.30AM**

**INSTRUCTIONS TO CANDIDATES**

Answer Question **ONE** and any other **TWO** questions

*This paper consists of* ***2*** *printed pages. Please turn over.*

**QUESTION ONE (COMPULSORY)**

1. Explain the differences between Guidance and Counseling. **(10 marks)**
2. Using examples, explain FIVE goals of professional guidance and counseling. **(10 marks)**
3. Discuss FIVE obstacles hindering effective guidance and counseling programs in Kenyan schools **(10 marks)**

**QUESTION TWO**

1. Explain FIVE principles of Guidance and Counseling **(10 marks)**
2. Critically examine FIVE qualities of an effective school counselor  **(10 marks)**

**QUESTION THREE**

1. Discuss procedures involved in setting up a school guidance and counseling program  **(10 marks)**
2. Explain FIVE components of Guidance and Counseling **(10 marks)**

**QUESTION FOUR**

1. Explain FOUR stages involved in a counseling process **(10 marks)**
2. Evaluate FOUR skills a counselor should possess to facilitate effective counseling process  **(10 marks)**

**QUESTION FIVE**

1. Assess FIVE areas of students needs addressed under school guidance and counseling program **(10 marks)**
2. Discuss FIVE ethical principles in counseling **(10 marks)**

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