UNIVERSITY EXAMMINATION 2016/2017

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD STUDIES

BACHELOR OF EDUCATION IN EARLY CHILDHOOD STUDIES

SCHOOL BASED/DIBL

UNIT CODE: BEC3104 UNIT TITLE: PHYSICAL EDUCATION

UNIT CODE: OCTOBER 2017 SPECIAL/SUPPLEMENTARY TIME: 2HOURS

INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS

1. a) Explain the following educational terms:

i) Physical activity (2marks)

ii) Physical education (2marks)

b) Explain why an outdoor game is an important aspect of physical education in early childhood (2marks)

c) Toys and materials are meant to stimulate the total growth and development of children. Describe the skills developed when these materials are being used (6marks)

d) Describe how you would organize physical education activities to serve therapeutic role to learners with spread needs (10marks)

e) Identify four objectives of play in early childhood education (4marks)

2. Discuss the concerns of practicing student centered strategies of teaching physical education in teaching early childhood (20marks)

3. a) Describe how to command as an instructional technique in physical education lesson

(10marks)

b) Explain how music and circle time games and play games are use in early childhood

(10marks)

4. a) Explain the principles of designing a successful play space for children in early childhood

(10marks)

b) Identify and explain benefits of traditional games and play in the early childhood

(10marks)

5. Discuss the importance of outdoor games in cognitive development of children in their early years (20marks)