

MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS**

**2016/2017 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION**

**BACHELOR OF EDUCATION**

**(EARLY CHILDHOOD EDUCATION)**

**COURSE CODE: ECDE 1208**

**COURSE TITLE: HEALTH AND EDUCATION**

**PRACTICES IN ECD**

**DATE: 18TH MAY, 2017 TIME: 8.30 – 10.30AM**

**INSTRUCTIONS TO CANDIDATES**

***Attempt Question 1 and any other two questions in Section B***

*This paper consists of 2 printed pages. Please turn over.*

**QUESTION ONE**

(a) Define the following words as used in this unit

1. Health **(2marks)**
2. Immunization **(2marks)**

(b) Identify some health challenges cause by poor housing conditions

**(4marks)**

(c) Discuss the characteristics of a mentally healthy child **(5marks)**

(d) Highlight the signs and symptoms of an asthmatic child **(6marks)**

(e) Describe various methods of controlling Bilharzia **(5marks)**

(f) Explain personal hygiene activities which one has to carry out daily

**(6marks)**

**SECTION B**

**QUESTION TWO**

(a) Describe five immunizable diseases and the time and effects of immunization**. (10marks)**

(b) Explain the importance of sleep to human beings including children

**(10marks)**

**QUESTION THREE**

(a) Describe the recommended hygiene conditions for a healthy living

**(10marks)**

(b) Discuss important information the mother at MCH clinic is required to       give for risk factor monitoring. **(10marks)**

**QUESTION FOUR**

(a) Explain the advantages of mother’s breastfeed to the new born baby

**(10marks**)

(b) Identify various ways of contaminating water in rivers and lakes

**(10marks)**

**QUESTION FIVE**

Discuss various possible signs and symptoms of food allergies in children  **(20marks)**

**//END**