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MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS**

**2018/2019 ACADEMIC YEAR**

**THIRD YEAR FIRST SEMESTER**

**SCHOOL OF ARTS AND SOCIAL SCIENCES**

**BACHELOR OF ARTS IN CRIMINOLOGY AND PENOLOGY**

**COURSE CODE: SOC 3125**

**COURSE TITLE: PRINCIPLES AND TECHNIQUES**

**OF COUNSELING**

**DATE: 6TH DECEMBER 2018 TIME: 1100 – 1300 HRS**

**INSTRUCTIONS TO CANDIDATES**

Answer Question **ONE** and any other **TWO** questions

*This paper consists of* ***TWO*** *printed pages. Please turn over.*

**QUESTION ONE**

Discuss the view that counselling is not a process of giving advance, but is a process of helping your patient **(30 marks)**

**QUESTION TWO**

1. State and explain the techniques of counselling. Support your answer with concrete examples **(10 marks)**
2. Describe the role and importance of social support systems in counseling **(10 marks)**

**QUESTION THREE**

1. Define assessment and examine the methods and techniques of assessment. **(10 marks)**
2. Elaborate the tools of assessment and discuss its use m counselling. **(10 marks)**

**QUESTION FOUR**

1. Discuss the assessment of social support systems for counselling **(10 marks)**
2. As a counselor share an experience you had in dealing with a difficult (drug addict) person and how you handled the situation **(10 marks)**

**QUESTION FIVE**

Explain the contribution of Watson on the development of behaviorism theory **(10 marks)**

**//END**