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MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS**

**2016/2017 ACADEMIC YEAR**

**SECOND YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION**

**BACHELOR OF EDUCATION (ECDE)**

**COURSE CODE: ECDE 211**

**COURSE TITLE: HEALTH AND NUTRITION**

 **FOR ECDE**

**DATE: 28TH APRIL 2017 TIME: 8.30AM-10.30AM**

**INSTRUCTIONS TO CANDIDATES**

* ***Answer question ONE (compulsory) and any other TWO questions.***
* ***Question one carries 30 marks***
* ***All other questions carry 20 marks***

*This paper consists of 3 printed pages. Please turn over.*

**QUESTION 1**

a) Citing relevant examples distinguish ante natal and post natal care

 **(6 Marks)**

b) Explain three signs and symptoms of choking in a young child **(6 Marks)**

c) Describe three factors a caregiver needs to consider when preparing food for young children. **(6 Marks)**

d) Explain three main importance of observing proper hygiene and sanitation. **(6 Marks)**

e) Highlight six signs and symptoms of Tuberculosis**. (6 Marks)**

**QUESTION 2**

a) Explain five challenges of food security in Kenya at family level.

 **(10 Marks)**

b) Discuss five categories of people who receive relief food in case of drought. **(10 Marks)**

**QUESTION 3**

a) Enumerate five preventions of intestinal worms an ECDE teacher needs to be aware of. **(10 Marks)**

b) Describe five childhood immunizable diseases. **(10 Marks)**

**QUESTION 4**

a) Discuss six factors that influence food sustainability in a country.

 **(12 Marks)**

b) Explain four common non-immunizable diseases among young children.

 **(8 Marks)**

**QUESTION 5**

a) Discuss five challenges a lactating mother may experience during weaning. **(10 Marks)**

b)Descibe five strategies used in promoting community health and achieving the goal of health for all. **(10 Marks)**